

Boys Western Athletic Conference Philosophy

Sports are not just about the final score...

Sports are about positive coaching, sportsmanship for players and their families, learning to live together in a diverse community, maximizing talents, and fostering the physical, intellectual, emotional, and spiritual strength in each of us.

The Boys Western Athletic Conference (BWAC) is committed to providing a FUN, yet competitive environment, whereby the young men of our community may compete and develop general, or advanced skills, in volleyball while learning the basics values of teamwork, respect and sportsmanship.

BWAC is a Boys' Volleyball Association serving more than a dozen parishes in the Cincinnati Archdiocese, as well as a few affiliate members.

Teach the Game-Advance the Game

“The only way to succeed is to try, and if a player is not allowed to try, the coach has failed.”

“You must choose playing the proper way over winning the wrong way.”

League Goals and Philosophy

- A. Teach proper technique and terminology (Opportunities to hit follow good passing and setting)
- B. Teach the use of 3 hits per side (pass, pass, pass or pass, set, spike, etc.)

- C. Praise Multiple hit attempts, not points scored!
- D. Do not praise or permit “boom ball”. You are in charge of your team!
 - 1). Communicate this to your players (early and often)
 - 2). Communicate this to your parents (See sample letter)
- E. Promote volleyball as a true sport to all boys in your school and community
 - 1). Volleyball is a game of finesse, speed and power
 - 2). Involve former players in coaching whenever possible
 - 3). Encourage players to see high school matches and remind them that those players were at their level just a few short years ago

Competition

- A. If you have more than one team at a given level (other than 3rd/4th), you must have at least one “A” team.
- B. Borrowing Players (see league rules)- This was established with the intent to maximize the opportunities for the boys to play and minimize the need for forfeits (Recognizing the fact that boys may have multiple Spring activities).
- C. 3rd/4th Triple Ball- This was designed to encourage multiple hits per side. Statistically speaking, the boys get significantly more touches utilizing Triple Ball than they did playing the traditional format.

If we can teach, develop, and ensure the boys have fun, they will want to come back each year! That is our objective!